

“OLA CANOLA”



EL™  
SAGUARITO

Mexican Food

**“The Healthy Mexican Food Alternative”**

*Welcome! Bienvenidos!*



The Vasquez Family welcomes you to El Saguarito Mexican Food, the Healthy Mexican Food Alternative.

Albert and Blanca Vasquez and their children Jacqueline, Albert Jr. and Emilio, have brought healthier Mexican dining to Tucson since 1989. The family's roots in Mexican cooking span generations.

Blanca grew up in a Douglas, Ariz., restaurant where her mother, Maria Herrera, cooked what was voted the best Mexican food in the state. Blanca learned to cook alongside her mother, and her love of making hungry customers happy was born.

Albert, a native Tucsonan, loved home-style Mexican food. Because Mexican food is often prepared with lard, it was a challenge to find restaurants where Blanca, who was vegetarian, could eat. So in 1989, Albert and Blanca opened El Saguarito Mexican Food. Maria was behind the stove again, helping create El Saguarito's signature dishes. Also in the kitchen is Herminia Thomas, Blanca's aunt.

The Vasquez family prepares their dishes with only the freshest ingredients, using canola oil instead of lard. They are pleased to share their authentic and healthy Mexican cuisine with you and your family.



# Appetizers



El Sagarito Cheese Crisp

◀ **El Sagarito Cheese Crisp- 9.50**

Serves 2-3 (For large- add \$2.00- Serves 3-4)  
 Grilled tortilla with green chile, onion, tomato and cheese (add \$2.00 for chicken, barbacoa or birra, add \$4.00 for Carne Asada)

**Tableside Fresh Guacamole (serves 3-5)- 8.50**

**Fresh Guacamole with Corn Tortilla Chips- 6.75**

**Caramelo Quesadilla (add 3.00 for large caramelo)**

Grilled tortilla with carne asada and mozzarella cheese served with beans and pico de gallo- **6.00**

**Cheese Quesadilla served with a side of beans or rice**

Grilled tortilla stuffed with Monterey Jack and cheddar cheese- **7.00**

**Supreme Cheese Quesadilla** with a choice of green chile beef,

red chile chicken, Chicken ala Mexicana or beans (with a side of beans or rice)- **8.00**



Grande Nachos

◀ **Grande Nachos**

Supreme corn tortilla chips topped with nacho cheese or melted mixed cheese, guacamole, sour cream, fresh tomato and choice of green chile beef, red chile chicken or beans (Shown with Carne Asada)- **9.00**



Shrimp Toritos

◀ **Shrimp Toritos**

Chile peppers stuffed with shrimp and cheese wrapped in turkey bacon and topped with special zesty sauce- **9.95**

**4 Mini Chimis- Green Chile Beef or Red Chile Chicken**

Served with guacamole and sour cream - **8.95**



Mexican Fondue

◀ **Mexican Fondue**

Queso fundido served with flour or corn tortillas (add \$2.00 for chorizo, chicken, barbacoa or birra, add \$4.00 for Carne Asada)- **8.95**

**El Sagarito French Cut Fries**

Topped with carne asada or grilled chicken with shredded cheese, guacamole, sour cream and pico de gallo- **9.00**



Ask your server about our great selection of refreshing drinks!

# Breakfast Specials

Breakfast served all day!



Huevos Rancheros

## ◀ #1 Huevos Rancheros

Corn tortilla topped with 2 eggs cooked to order and topped with Spanish sauce, beans and a flour tortilla- 7.95

## #2 Huevos ala Mexicana

Scrambled eggs, green chiles, tomato and onion, beans, cheese and a flour tortilla- 7.50

**# 3 Chorizo and egg plate** Chorizo and eggs served with El Saguarito style potatoes, beans and a flour tortilla- 7.95

# Breakfast Burritos



Chorizo and Eggs Burrito

◀ **Chorizo and Eggs** Eggs mixed with spicy ground beef - 4.25  
(Shown with El Saguarito style potatoes- 2.50 extra)

**Bacon and Eggs** Eggs mixed with crisp turkey bacon- 4.25

**Calabacitas and Eggs** Eggs mixed with zucchini, corn, tomato and onion- 4.25

**Red Chile Chicken and Eggs** Eggs mixed with shredded white chicken meat and enchilada sauce- 4.25

**Green Chile Beef and Eggs** Eggs mixed with cubed roast beef, mild green chiles, tomato and onion- 4.25

**Eggs and Cheese** Eggs mixed with cheese- 4.25

**Potatoes and Eggs** Eggs mixed with potatoes- 4.25

**Carne Asada and Eggs** Eggs mixed with diced marinated steak- 6.50

**Nopalitos Colorado and Eggs** Eggs mixed with prickly pear cactus- 4.95

**Red Beef or Green Corn Tamale and Eggs** Tamale mixed with eggs- 4.25

**Chile Relleno and Eggs** Eggs mixed with a chile relleno- 4.95

**Side of El Saguarito Style Potatoes** Fresh cut potatoes mixed with green chile, onion and tomato- 2.50

**Side of Turkey Bacon** 3 strips of turkey bacon- 2.95



# Soups, Hot Dogs, Sandwiches

Small served with tortilla • Large served with tortilla and one side item Small Large



Menudo

◀ **White or Red Menudo** *Traditional Mexican favorite made with tripe and hominy and condiment fixings* ..... 7.00 7.95

**Tortilla Soup** *Sliced avocados, green chile, tomato, onion, topped with tortilla strips (add \$1.00 for Chicken ala Mexicana)*..... 6.50 7.95



Albondigas

**Caldo De Queso** *Cheese soup with green chiles, potato, tomato and onion* ..... 6.50 7.95

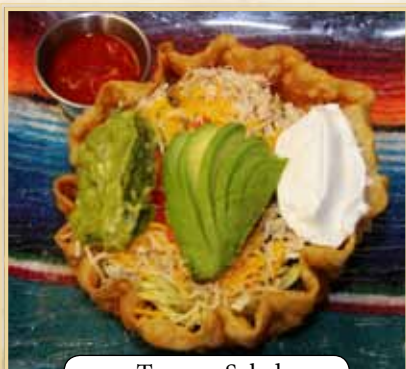
◀ **Albondigas** *Meatballs, rice, celery, tomato, cilantro and onion* ..... 6.50 7.95



Torta

◀ **Mexican Torta** *Barbacoa, chicken, or carne asada with chips or french fries-* 7.50

**Sonoran Mexican Hot Dog** *with turkey bacon, beans, diced onion, tomato, mustard, mayo, french fries, and a roasted fresh chile pepper-* 5.50



Topopo Salad

## Topopo Salads

Crispy flour tortilla bowl filled with beans, lettuce, tomato, cheese, guacamole and sour cream

**Green Chile Beef, Red Chile Chicken, Vegetarian or Ground Beef-** 8.00

**Carne Asada** *Diced marinated steak with seasonings-* 9.00

**Fish Tilapia-** 8.50

## American Food

**Chicken Nuggets** *with french fries-* 6.00

**French Fries** *A generous serving -* 2.50

**Cheeseburger** *1/4 lb all-beef burger served with cheese, lettuce, tomato and a side of french fries.-* 6.50

**Hot Dog** *with french fries-* 5.00

# Vasquez Family Specials

Includes choice of 2 of the following: rice, beans, healthy whole beans, enchilada casserole or zucchini casserole



Red Chile Beef

**Three Red Chile Chicken, Chicken ala Mexicana or Ground Beef Tacos- 8.50**

**Three Carne Asada Tacos** *Diced marinated steak with seasonings- 9.50*

**Three Fish Tacos** *Tilapia with cabbage, tomato and lime- 9.50*

**Doña Maria Mole** *All-white shredded chicken breast meat in a chile sauce with chocolate, peanuts, sesame seeds and a tortilla- 9.50*

**Birria with Tortilla** *Shredded beef in a southwestern vinegar based sauce- 9.50*

**Barbacoa with Tortilla** *Shredded beef cooked in pickling spices and green olives- 9.50*

**Chicken Fajitas** *with guacamole, pico de gallo and tortillas- 9.95*

**Shrimp Fajitas** *with guacamole, pico de gallo and tortillas- 12.95*

**Three Flat or Rolled Cheese, Chicken or Ground Beef Enchiladas** *(with red or green sauce)- 9.50*

**Two Green Corn or Two Red Beef or Two Vegetarian Tamales- 9.75**

**Doña Maria Chicken Mole Enchiladas** *Three rolled enchiladas with chicken mole and cheese- 9.95*

**Three Beef or Chicken Flautas** *Beef or chicken rolled in a crisp corn tortilla. Served with guacamole and sour cream- 9.50*

**Chicken ala Mexicana** *(gluten free) or Chicken Colorado*  
*Made with all white breast meat- 9.50*

**Chile Relleno** *Cheese-stuffed green chile topped with Spanish sauce- 9.50*

**Calabacitas** *Zucchini casserole topped with cheese- served with tortillas - 8.50*

**Chilaquiles** *(enchilada casserole) with sour cream - 8.50*

**Nopalitos Colorado** *Prickly pear cactus boiled with enchilada sauce - 8.50*

**Carne Asada** *Diced, marinated steak with tortillas, and pico de gallo - 12.50*



Shrimp Fajitas



Fish Tacos



Barbacoa



Napolitos with Red Chile

## Combination Plates



The #1 Combo

Includes choice of two of the following: rice, beans, healthy whole beans, enchilada casserole or zucchini casserole. Substitute a cheese enchilada for chicken, molida, barbacoa or mole for \$1.00 ea. Substitute ground beef taco for chicken, barbacoa or mole for \$1.00 ea.

- #1- Ground Beef Taco, Red Beef Tamale, Chile Relleno- 10.50
- #2- Ground Beef Taco, Two Cheese Enchiladas- 9.95
- #3- Two Ground Beef Tacos, Cheese Enchilada- 9.95
- #4- Ground Beef Taco, Cheese Enchilada, Beef Tostada- 9.95
- #5- Red Beef Tamale, Two Ground Beef Tacos- 9.95

---

## Kids Menu

Ninos Menu- 4.99

(For kids 12 and younger) All meals include a kid's drink

**Mexican Plate** Choose a soft or crispy ground beef or chicken taco or cheese enchilada with rice or beans

**Bean Burrito** Bean and cheese burrito with a side of rice

**Cheese Quesadilla** Served with rice or beans on the side

**Nachos** Choose cheese or beans and cheese

**Hot Dog or Corn Dog** Served with a side of fries

---

## To Go Menu

**Dozen Ground Beef Tacos** (add 2.00 for birria, barbacoa or chicken)- 21.00

**Dozen Ground Beef Tacos and a Pint each of Rice and Beans-** 25.00

**Dozen 14" Flour Tortillas-** 4.00

**Quart of Rice or Beans-** 7.50

# Burritos and Chimichangas

Tortilla filled with any of the following items and served with choice of two of the following:

Rice, beans, healthy whole beans, enchilada casserole or zucchini casserole.

Add \$1.00 for Chimichanga Style (deep fried) Add \$1.00 for grilled until golden crispy (NO OILS)

Add \$4.00 for EL Saguarito Style (with guacamole, sour cream, cheese and enchilada sauce)

Add \$1.75 for Enchilada Style (with cheese and enchilada sauce)



Chicken Burro

**Carne Asada** *Diced marinated steak with seasonings-* 9.50

**Green Chile Beef** *Cubed roast beef, mild green chiles, tomato and onion-* 7.99

**Red Chile Chicken** *White chicken breast meat with a red chile sauce-* 7.99

**Vegetarian Zucchini,** *Beans, corn, tomatoes, onions and cheese-* 7.99



Red Chile Burro

**Bean and Cheese** *Beans mixed with a blend of Monterey Jack and cheddar cheese-* 7.50

**Fish and Beans** *Tilapia with beans-* 8.99

**Red Chile Beef** *Cubed roast beef in enchilada sauce-* 7.99

**Chicken ala Mexicana** *All white meat with green chile, fresh tomato, and onion-* 7.99

**Birria** *Shredded beef in a southwestern vinegar based sauce-* 8.99



Enjoy a glass of fine wine with your dinner!

**Barbacoa** *Shredded beef cooked in pickling spices and green olives-* 8.99

**California Carne Asada** *Diced steak with seasonings, pico de gallo, guacamole, potato and cheese-* 10.50

**California Grilled Chicken** *Chicken with seasonings, pico de gallo, guacamole, potato and cheese--* 7.99

# A La Carte

**Bean Tostada** Crispy corn tortilla with beans, lettuce, tomato and cheese- 2.75  
**Guacamole Tostada** Crispy corn tortilla with guacamole, lettuce, tomato and cheese- 3.50  
**Chicken Tostada** Crispy corn tortilla with beans, chicken, lettuce, tomato and cheese- 3.25  
**Chicken, Birria, or Barbacoa Taco** Flour tortilla with meat, lettuce, tomato and cheese- 3.25  
**Asada Taco** Soft flour tortilla with carne asada, lettuce, tomatoes, and cheese- 3.50  
**Side of rice or beans-** 1.95  
**Side of Calabacitas** A mixture of zucchini, corn, tomato, onion and cheese- 3.75  
**Side of Chilaquiles** Corn tortillas mixed with enchilada sauce and topped with cheese - 3.95

**Side of Fresh Guacamole or Pico de Gallo** (fresh spicy salsa) - 3.50  
**Side of Shredded Cheese or Sour Cream-** 1.25  
**Green Corn or Red Beef Tamale** - 3.50  
**Fish Taco** Tilapia with cabbage, tomato and lime- 3.50  
**Chili Relleno** Green chile stuffed with cheese and topped with Spanish sauce- 3.95  
**Ground Beef Taco** Soft or crispy corn tortilla with lettuce, tomato and cheese- 3.00  
**Chicken, Ground Beef, Birria, Barbacoa or Cheese Enchilada with Red or Green Sauce** - 3.25  
**Side of Enchilada Sauce** - 2.25  
**Shredded Beef Tostada** Crispy corn tortilla with beans, (barbacoa or birria)- 3.25

## Desserts



Flan

**Churro with Sugar and Cinnamon** (It's what set the doughnut straight) with ice cream- 4.95  
**3 Fruit Mini Chimis** (chocolate, cherry, apple, banana) with ice cream- 5.50  
**Sopapilla with honey and ice cream-** 4.95  
**Flan vanilla egg custard, topped with caramel sauce-** 4.95  
**Haagen-Dazs™ Vanilla Ice Cream Scoop** - 2.50  
**Monster Chocolate Chip Cookie with 2 Scoops of Ice Cream-** 6.00



Churros with Ice Cream

## Beverages

(Free refills on soda, tea and coffee)  
**Coke, Coke Zero, Diet Coke, Dr. Pepper, Sprite, Fanta Orange, Raspberry Nestea Iced Tea, Sweet Black Tea, Sweet Green Tea, Unsweetened Ice Tea or Lemonade-** 2.50  
**Horchata (Cinnamon rice drink) (refills 1.00)-** 3.25  
**Orange Juice or Milk (refills 1.00)-** 2.50  
**Coffee (Regular or Decaffeinated)-** 2.50  
**Bottled Coke or Fanta Orange-** 3.00



Glass Pitcher

**Margaritas (made with Sauza™ tequila)** 4.75 ..... 19.00  
**Cadillac Margarita (made with Patron™, Grand Marnier™ and Cointreau™)** ..... 8.00..... 24.00  
**Prickly Pear Margaritas**  
*Made with prickly pear syrup* ..... 6.00 ..... 20.00  
**Draft: Blue Moon™, XX™ Amber, XX™ Lager, Negro Modelo™** ..... 4.00 ..... 12.00  
**Import Beer: Tecate™, Corona™, Pacifico™, Bohemia™** ..... 4.25  
**Domestic Beer: Bud™, Bud Light™, Coors™, Coors Light™, O'Douls™** ..... 3.75  
**Shot of Patron™ Tequila** ..... 5.50  
**Wines: Merlot, Cabernet Sauvignon, Chardonnay, White Zinfandel, Shiraz (Yellow Tail™)-** 3.95  
**Sangria Red wine, sliced fruit, juice, soda and lemonade** ..... 4.95

### CATERING SERVICES

El Saguarito Mexican Food is pleased to offer the finest in catering services. Whether looking to serve a Mexican buffet, Italian feast or a hot dog and hamburger cookout at your next gathering, El Saguarito offers a diverse and delicious catering menu. Explore the many options online at [www.elsaguarito.com](http://www.elsaguarito.com). Looking for a location for your gathering? Ask about El Saguarito's hosting venues.

### Drive Thru Hours

Open 7 a.m. to Closing (Mon-Sat)

### Restaurant Hours

Monday-Friday 9 a.m.- 9 p.m. • Saturday 8 a.m.-9 p.m.

Closed Sunday



1763 E. Prince Road Tucson, AZ 85719 Phone: 520-297-1264 Fax: 520-297-2334

E-mail: [catering@elsaguarito.com](mailto:catering@elsaguarito.com) [www.elsaguarito.com](http://www.elsaguarito.com)

